

Immigrant Eligibility for Public Benefits in New York State

Public benefit-related immigration categories ^{1,2,3}	Immigration Status	Supplemental Security Income (SSI) ⁴	TANF (Family Assistance) ⁵	SNAP (Food Stamps) ^{5,6**}	Public Housing/ Section 8 **	Federal Medicaid ⁷ **	Safety Net Assistance (SNA) ^{5,8}	New York State Medicaid ^{9**}	Qualified Health Plans and Essential Plans (EP) ^{10,11**}	Children's Health Insurance Program (CHIP) & AIDS Drug Assistance Program (ADAP) **	Emergency Medicaid ^{12**}	
												Lawfully Present ¹
Refugees and Asylees	Eligible for 7 years after entry as refugee or grant of asylum; No 7-year limit if in refugee or asylee status before 8/22/96	Yes	No. Note: If a refugee or asylee adjusts to LPR status as a refugee or asylee, they then become eligible for SNAP without a waiting period. ⁴	Yes	Yes	Yes	Yes	Yes	Yes	No	No Public Charge risk while a refugee or asylee.	

*The 2022 Biden Administration regulations on public charge remain in effect, and the ONLY benefits considered "Countable" in a public charge determination are Cash Assistance (TANF/FA, SNA, SSI) and long-term institutionalization care paid for by the government (like nursing home care if paid for by Federal Medicaid). See 8 C.F.R. § 212.20, et seq. The second Trump Administration's Department of Homeland Security (DHS) has published proposed new rules that are not yet effective. We do not know when they will become effective or what the final rules will say, but we will have notice before the new rules become effective. The proposed, new rules will not change who is subject to a public charge test in the chart (the Immigration Status column), but the proposed rules will likely seek to change which public benefits will count in a public charge determination. We have marked with a ** which benefits we believe may newly count in a public charge test for those non-citizens who will face a public charge assessment, but we will not know for certain until the new rule is published. If you are concerned about using these benefits because you are in a status that will face a public charge determination, please contact your immigration lawyer.

Public benefit-related immigration categories* <small>1,2,3</small>	Immigration Status	Supplemental Security Income (SSI) ⁴	TANF (Family Assistance) ⁵	SNAP (Food Stamps) ^{5,6**}	Public Housing/ Section 8 **	Federal Medicaid ^{7**}	Safety Net Assistance (SNA) ^{5,8}	New York State Medicaid ^{9**}	Qualified Health Plans and Essential Plans (EP) ^{10,11**}	Children's Health Insurance Program (CHIP) & AIDS Drug Assistance Program (ADAP) **	Emergency Medicaid ^{12**}	Risk that Countable Benefits will be considered as part of "Public Charge" determination
Lawfully Present ¹ Qualified Aliens ²	Withholding (W/H) of Deportation or Removal under the INA¹⁴	Eligible for 7 years after granted withholding; No 7-year limit if granted W/H before 8/22/96	Yes	No. Note: If a person granted withholding of removal adjusts to LPR status, they then become eligible for SNAP without a waiting period. [†]	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while granted Withholding of Deportation or Removal.
	Battered Spouses and Children of U.S. citizens or LPRs who have a prima facie determination or approved I-360 self-petition under VAWA or a pending or approved I-130 ^{15, 16}	Eligible if lawfully present on 8/22/96 and disabled at time of application	Eligible if entered US before 8/22/96 and continuously resided in US until qualifying as battered immigrant; Eligible after 5 years in qualified status if entered US after 8/22/96	No. Note: If a Battered Spouse and/or Child adjusts to LPR status and the adult has accrued 5 years in any Qualified Alien status (including time spent as a Battered Spouse), then they are eligible for SNAP; Battered Children are eligible for SNAP as soon as they adjust to LPR status. ^{††}	Yes ¹⁷	Eligible after 5 years in qualified status; No 5-year bar if pregnant or child <21	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Battered Spouses and Children.
	Cuban/Haitian Entrant (C/H)¹⁸	Eligible for 7 years after entering US in C/H status; No 7-year limit if entered before 8/22/96	Yes	Yes	No, unless in parole status	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Cuban/Haitian Entrant.
	Paroled for 1 Year or More (Afghan/Ukrainian Nationals - see row below)	Eligible if lawfully present in US on 8/22/96 AND currently in parole status AND disabled at time of application	Eligible after 5 years in parole status	No. Note: If an adult paroled for 1-year or more adjusts to LPR status and has accrued 5 years in any Qualified Alien status (including time spent as a person paroled for 1-year or more), then they are eligible for SNAP. Children paroled for one-year or more are eligible for SNAP as soon as they adjust to LPR status. ^{††}	Yes	Eligible after 5 years in Qualified Alien status; No 5-year bar if pregnant or child <21	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Paroled for 1 year or more.

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Lawfully Present ¹ Qualified Aliens ²	Iraq/Afghan SIV Holders and certain Afghan/Ukrainian humanitarian parolees	Eligible for 7 years after entering US	Yes	No. Note: If Iraq/Afghan SIV Holders adjust to LPR status, then they are eligible for SNAP without a waiting period. ¹ Ukrainians granted parole between February 24, 2022 and September 30,2024 would be eligible for SNAP as soon as they adjust to LPR status.	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Iraq/Afghan SIV Holders and certain Afghan/Ukrainian humanitarian parolees.
	Lawfully residing armed services connected noncitizens (including veterans) and their dependents	Yes	Yes	No. Note: If lawfully residing armed services noncitizens adjust to LPR status, then they are eligible for SNAP without a waiting period. ¹¹	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while lawfully residing armed services connected noncitizens.
	Canadian Born Native Americans	Yes	Yes	No. Note: If Canadian Born Native Americans adjust to LPR status, then they are eligible for SNAP without a waiting period. ¹	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Canadian born Native American.
	Amerasian Immigrant	Eligible for 7 years after entering US; No 7-year limit if entered before 8/22/1996	Yes	No. Note: If an Amerasian immigrant adjusts to LPR status, they then become eligible for SNAP without a waiting period. ¹	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Amerasian Immigrant.
	Citizens of Micronesia, Palau, and Marshall Islands often referred to as COFA, permitted to reside in the US in non-immigrant status and have unlimited eligibility for work authorization	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	● No Public Charge risk while Citizen of Micronesia, Palau, and Marshall Islands.

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Lawfully Present ¹ PRUCOL ³	Qualified Aliens ²	Victims of Trafficking (T nonimmigrant status ["T visa"] granted "continued presence," or certified by ORR) and their derivatives	Eligible for 7 years after grant of continued presence, certification, or T-visa	Yes	No. Note: If a Victim of Trafficking adjusts to LPR status, then then become eligible for SNAP without a waiting period. [†]	Yes	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> ● No Public Charge risk while Victim of Trafficking (T nonimmigrant status, or "T-visa").
	Individuals Granted Withholding or Deferral of Removal under the Convention Against Torture ¹⁴	No	No	No.	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> ● No Public Charge risk while Individual Granted Withholding or Deferral of Removal under CAT.
	Nonimmigrant status - student, work, or tourist visa (not U, T, and S visas)	No	No	No	No	Only if pregnant or child <21	No	Yes, if resident of New York State	Yes	Yes, if resident of New York State	No	<ul style="list-style-type: none"> ● No Public Charge risk while in Nonimmigrant Status - student, work, or tourist visa. <p>*Applicants for student, work, or tourist visa will be subject to a public charge test, however.</p>
	U Nonimmigrant Status ("U-visa")	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> ● No Public Charge risk while in U nonimmigrant status ("U-visa").
	S Nonimmigrant Status ("S visa")	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> ● No Public Charge risk while in S nonimmigrant status ("S visa").
	SIJS (Special Immigrant Juvenile Status) Grantees	No	No	No	No	Only if pregnant or child <21	Yes ⁴⁹	Yes	Yes	Yes	No	<ul style="list-style-type: none"> ● No Public Charge risk while granted SIJS.

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Lawfully Present ¹ PRUCOL ³	Applicants for adjustment to LPR status accepted by USCIS as properly filed.	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> An applicant for adjustment of status (LPR status/green card) will face a public charge test unless they are adjusting from a status that is exempt from public charge. Statuses exempt from public charge include but are not limited to: asylee, refugee, U-visa, T-visa, S-visa, Battered Spouses and Children ("VAWA"), SIJS, Registry, NACARA, HRIFA, Cuban Adjustment Act. <p>Note: Receipt of Countable Benefits does not automatically mean a person will be deemed a public charge.</p>
	Applicants for adjustment under NACARA, HRIFA, Cuban Adjustment Act or Registry (noncitizen who has continuously resided in the US since before 1/1/1972)	No	No	No	Yes	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> No Public Charge risk while an applicant for adjustment under NACARA, HRIFA, Cuban Adjustment Act or Registry.
	Paroled for less than 1 year	No	No	No	Yes	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> No Public Charge risk while paroled for less than 1 year.
	Temporary Protected Status (TPS)	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<ul style="list-style-type: none"> No Public Charge risk while in TPS status.

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Lawfully Present ¹ PRUCOL ³	Deferred Action	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<p>No Public Charge risk while a grantee of Deferred Action.</p> <p>Note: If receive Countable Benefits while a grantee of Deferred Action, and later apply for LPR status via a family-based petition, benefits received while a grantee of Deferred Action could be considered in a public charge test. Receipt of countable benefits does not automatically mean a person will be deemed a public charge.</p>
	DACA Recipients ²¹	No	No	No	No	No	Yes	Yes, where DACA is expired. As of July 1, 2026 persons with unexpired DACA will be transferred from Essential Plan to State Medicaid.	Yes (but where DACA unexpired will only be eligible for EP until July 1, 2026).	Yes	No	<p>No Public Charge risk while a grantee of DACA.</p> <p>Note: If receive Countable Benefits while a grantee of DACA, and later apply for LPR status via a family-based petition, benefits received while a grantee of DACA could be considered in a public charge test. Receipt of countable benefits does not automatically mean a person will be deemed a public charge.</p>
	Order of Supervision	No	No	No	No	No	Only if pregnant or child <21 with Employment Authorization Document (EAD)	Yes	Yes	Yes, if granted EAD	Yes	No

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Lawfully Present ¹ PRUCOL ³	Deferred Enforced Departure (DED) ²²	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<p>● No Public Charge Test while under Deferred Enforced Departure (DED).</p> <p>Note: If receive Countable Benefits while under DED, and later apply for LPR status via a family-based petition, benefits received while under DED could be considered in a public charge test, depending on the country designation. Receipt of countable benefits does not automatically mean a person will be deemed a public charge.</p>
	Granted stays of deportation or removal	No	No	No	No	Only if pregnant or child <21	Yes	Yes	Yes	Yes	No	<p>● No Public Charge Test while granted a stay of deportation or removal.</p> <p>Note: If receive Countable Benefits while granted a stay of deportation and removal, and later apply for LPR status via a family-based petition, benefits received while granted a stay of deportation or removal could be considered in a public charge test. Receipt of countable benefits does not automatically mean a person will be deemed a public charge.</p>

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	APPLICANTS FOR												
Lawfully Present ¹ PRUCOL ³	Special Immigrant Juvenile Status (SIJS)	No	No	No	No	No	Only if pregnant or child <21	Yes	Yes ¹⁹	Yes	Yes	No	● No Public Charge Test while applying for SIJS.
	Asylum/ Withholding of Removal	No	No	No	No	No	Only if pregnant or child <21 with Employment Authorization Document (EAD); if child <14, EAD not necessary but the application must have been pending for 180 days	Yes	Yes	Yes, if granted EAD OR child <14	Yes	No	● No Public Charge Test while applying for asylum or Withholding of Removal. Note: If receive Countable Benefits while an applicant for asylum, and later apply for LPR status via a family-based petition, benefits received while applying for asylum could be considered in a public charge test. Receipt of countable benefits does not automatically mean a person will be deemed a public charge.
	Cancellation of Removal	No	No	No	No	No	Only if pregnant or child <21 with Employment Authorization Document (EAD)	Yes	Yes	Yes, if granted EAD	Yes	No	● No Public Charge Test while applying for Cancellation of Removal.
	Temporary Protected Status (TPS)	No	No	No	No	No	Only if pregnant or child <21 with Employment Authorization Document (EAD)	Yes ²³	Yes	Yes, if granted EAD	Yes	No	● No Public Charge Test while applying for TPS.

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PRUCOL ³	PRUCOL ONLY:											
	Persons on whose behalf an immediate Relative Petition has been approved and family members covered by the petition Non-citizens who are immediate relatives include the spouse, parent, or unmarried child of a U.S. citizen who has filed an I-130 Relative Petition on their behalf.	No	No	No	No	No	Yes	Yes	No	Yes	No	<p>● Persons on whose behalf an immediate relative petition (Form I-130) has been approved will face a public charge test when applying for LPR status/ green card.</p> <p>Note: Receipt of Countable Benefits does not automatically mean a person will be deemed a public charge.</p>
	DACA applicants	No	No	No	No	No	Yes ²⁴	Yes	No	Yes	No	<p>● No Public Charge Test while applying for DACA.</p> <p>Note: If receive Countable Benefits while an applicant for DACA, and later apply for LPR status via a family-based petition, benefits received while an applicant for DACA could be considered in a public charge test. Receipt of Countable Benefits does not automatically mean a person will be deemed a public charge.</p>

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PRUCOL ³	Noncitizens who can show continuous residence since on or before 1/1/1972 but who have not applied for LPR status (registry aliens) ²⁰	No	No	No	No	No	Yes	Yes	No	Yes	No	<ul style="list-style-type: none"> ● No Public Charge Test while applying for Registry.
	Request for Deferred Action	No	No	No	No	No	Yes	Yes	No	Yes	Yes, until and unless becomes eligible for State Medicaid	<ul style="list-style-type: none"> ● No Public Charge Test while applying for Deferred Action. <p>Note: If receive Countable Benefits while an applicant for Deferred Action, and later apply for LPR status via a family-based petition, benefits received while an applicant for Deferred Action could be considered in a public charge test. Receipt of Countable Benefits does not automatically mean a person will be deemed a public charge.</p>
	No Lawful Status:											
	Entry across border without inspection (EWI) and Visa Overstays	No	No	No	No	No	No	No, unless 65+, pregnant, or within 12 months of pregnancy ²⁵	No	Yes	Yes	<ul style="list-style-type: none"> ● No Public Charge Test while Undocumented.

Endnotes

1. The categories of noncitizens included in the classification “lawfully present” depend to some degree on the particular federal benefit program involved. For example, the definition of “lawful presence” for the purpose of noncitizen eligibility for Social Security Disability and Retirement benefits is found at 8 C.F.R. § 1.3. As of November 1, 2024, HHS expanded the definition of “lawful presence” for the purpose of noncitizen eligibility under the ACA found at 45 C.F.R. § 152.2 to include DACA recipients. See 89 Fed. Reg. 39392, et seq. (May 8, 2024).
2. The immigrant categories included in the “Qualified Alien” classification are found at 8 U.S.C. § 1641 to describe noncitizen eligibility for federal “means tested benefit programs,” defined to include TANF, Federal Medicaid, SSI and SNAP (“Food Stamps”).
3. “PRUCOL” stands for Persons Residing Under Color of Law. It was once an eligibility category for federal benefit programs but was eliminated by 1996 federal welfare reform. Since 1996, noncitizens considered PRUCOL are eligible only for New York state benefit programs. A person is considered residing “under color of law” if the federal government is aware of their presence in the U.S. and is not currently contemplating enforcing their removal. For a long time, NYS Office of Temporary and Disability Assistance (OTDA) and NYS Department of Health (DOH) defined differently which noncitizens were included in this category for the Safety Net program and the State Medicaid program, respectively. Litigation and changes in department policy eliminated most of these differences. For OTDA’s definition of PRUCOL for Safety Net eligibility, see GIS 23TA/DC039 (5/12/23). For the noncitizen categories that NYS DOH considers PRUCOL, see GIS 24 MA/06 (7/10/24).
4. For general information on immigrant eligibility for SSI, see SI 00502.100 Basic SSI Alien Eligibility Requirements: <https://secure.ssa.gov/apps10/poms.nsf/lrx/0500502100> For more information on eligibility for SSI for immigrants who were lawfully residing in the US before 8/22/96 and are blind or disabled, see SI 00502.142 Qualified Aliens Who Are Blind Or Disabled And Were Lawfully Residing in the U.S. On 8/22/96: <https://secure.ssa.gov/apps10/poms.nsf/lrx/0500502142>
5. For more information on immigrant eligibility for TANF, SNAP, and SNA, see Non-Citizen Eligibility Desk Aid, HRA-209 (6/1/2023): http://onlineresources.wnyc.net/nychra/docs/pd_23-06-eli_1.pdf Note: OTDA is in the process of updating its Non-Citizen Eligibility Desk Aid to reflect the SNAP eligibility changes.
6. For more information on immigrant eligibility for SNAP, see USDA FNS, Supplemental Nutrition Assistance Program (SNAP) Implementation of the One Big Beautiful Bill Act of 2025 -- Alien SNAP Eligibility <https://drive.google.com/file/d/12Djp36vCN1ptrFCiLhaKWQdjTaYJyXHP/view?usp=sharing>. New applicants for SNAP will be subject to the changed rules. Current recipients of SNAP will have the new rules applied to them when their current period of certification ends. This means, formerly eligible categories like Asylees, Refugees, T-Visa holders, VAWA self-petitioners will not suddenly lose their SNAP. They will only lose SNAP when their current certification period ends.
7. Non-citizen eligibility changes for Federal Medicaid will become effective October 1, 2026. For information on current immigrant eligibility for Federal Medicaid and State Medicaid, and required documentation, see Documentation Guide for Citizen and Non-Citizen Eligibility for Health Insurance Coverage in New York State, OHIP-0046 (6/24) : https://www.health.ny.gov/health_care/medicaid/publications/docs/gis/24ma06_att1.pdf
8. For OTDA’s PRUCOL definition for Safety Net Assistance see, GIS 23TA/DC039 (5/12/23), <https://otda.ny.gov/policy/gis/2023/23DC039.pdf>
9. For DOH’s clarification of PRUCOL status for purposes of State Medicaid eligibility, see GIS 24 MA/06 (7/10/24): https://www.health.ny.gov/health_care/medicaid/publications/docs/gis/24ma06.pdf This DOH GIS confirms that people who have had a pending request for immigration status/relief denied remain PRUCOL so long as the U.S. government has not initiated removal. Note: Who is eligible for State Medicaid will begin changing July 1, 2026.
10. For more information on what immigration statuses qualify for coverage in the healthcare marketplace, visit: <https://www.healthcare.gov/immigrants/immigration-status> Note: Eligibility for qualified health plans and the Essential Plan will also be changing.
11. If a noncitizen covered by the Essential Plan is also financially eligible for Medicaid, and the Essential Plan does not cover a particular benefit that would be covered by State Medicaid, the insured immigrant will receive wraparound benefits funded by State Medicaid.
12. For noncitizens between the ages of 19-64 who are financially eligible for Federal Medicaid but do not have an eligible immigration status, Emergency Medicaid may be available. It is a federally funded program that provides healthcare coverage for residents of NY state ineligible for health insurance who are suffering from a condition that manifests itself by acute symptoms such that absence of immediate medical attention could put the individual in serious jeopardy or seriously impair bodily function or cause serious dysfunction to an organ or bodily part. Noncitizens who are 65+ and do not have any immigration status are now eligible for comprehensive State Medicaid.
13. Refers to public charge ground of inadmissibility, as outlined in the 2022 Final Rule, 87 FR 55427: <https://www.federalregister.gov/documents/2022/09/09/2022-18867/public-charge-ground-of-inadmissibility>
14. Withholding of removal under the Immigration and Nationality Act (INA) is granted to those whose life or freedom would be threatened in their home country because of their race, religion, national origin, political opinion, or membership in a particular social group. Under the Convention Against Torture, Withholding of Removal may be granted to those who can prove they would be tortured, without regard as to whether such torture is based on a protected ground. The International Convention Against Torture (CAT) was ratified by the U.S. in 1998 through Public Law No. 105-277, div. G, Title XXI Section 2242. Some CAT beneficiaries, usually because of criminal or security issues, are
15. Also included in the broader definition of “VAWA Self-Petitioners” in Section 101(a)(5) of the INA are those with VAWA cancellation, and battered family members protected under NACARA, HRIFA and the Cuban Adjustment Act.
16. Battered spouses and children’s eligibility for benefits. See 06-INF-14 Revised: http://onlineresources.wnyc.net/pb/docs/06-inf-14_revised.pdf
17. Note that VAWA qualified immigrants are not listed in the federal housing law at 42 U.S.C. § 1436a as being in a qualifying status but HUD has acquiesced to their eligibility for government-subsidized housing since they are considered “qualified aliens” under federal immigration law.
18. Cuban/Haitian Entrants are defined in the Administration for Children and Families (ACF’s) Fact Sheet: https://www.acf.hhs.gov/sites/default/files/documents/orr/orr_fact_sheet_cuban_haitian_entrant.pdf
19. SIJS awardee eligibility for Safety Net Assistance was established in 2021. See GIS 21 TA/DC059 (8/18/21): <https://otda.ny.gov/policy/gis/2021/21DC059.pdf> SIJS applicants have been eligible since May 12, 2023. See GIS 23TA/DC039 (5/12/23), <https://otda.ny.gov/policy/gis/2023/23DC039.pdf>
20. Note that under the “lawfully present” category, the individual has to actually file an application for permanent residence and provide the documents necessary to prove that he or she entered the US before January 1, 1972 and has lived in the US continuously since that time. The PRUCOL category does not require the individual to file an application with USCIS and the evidentiary showing is generally more relaxed with a benefits agency. For more guidance regarding documentation for proving PRUCOL status, see Documentation Guide: https://www.health.ny.gov/health_care/medicaid/publications/docs/gis/24ma06_att1.pdf
21. On May 8, 2024, the Department of Health and Human Services published a Final Rule, with a target implementation date of November 1, 2024, making several changes in the eligibility of noncitizens for Marketplace programs. 89 Fed. Reg. 39392, 39392-39437. Most significant is the inclusion of DACA grantees in the category of noncitizens considered to be “lawfully present” and who thus become eligible for Qualified Health Plans and related subsidy programs. 89 Fed. Reg. 39392, at 39436. See 08 OHIP/INF-4 for details. The second Trump Administration has since reversed the extension of Marketplace eligibility to DACA recipients and those currently enrolled will lose their benefits as of July 26, 2026.
22. As of the publication of this chart, DED has been authorized by President Biden for Liberians, Palestinians, eligible Hong Kong residents and certain Lebanese nationals.
23. For TPS eligibility for Safety Net Assistance, see GIS 16 TA/DC053 (10/14/16): <https://otda.ny.gov/policy/gis/2016/16DC053.pdf>
24. For DACA applicant eligibility for Safety Net Assistance, see Non-citizens Recognized as Permanently Residing Under Color of Law (PRUCOL) for Safety Net Assistance (SNA) Eligibility, GIS 23TA/DC039 , (May 12, 2023): <https://otda.ny.gov/policy/gis/2023/23DC039.pdf>
25. For postpartum eligibility for State Medicaid, see New York State Medicaid Update, March 2023, Vol. 39, No. 6: https://health.ny.gov/health_care/medicaid/program/update/2023/no06_2023-03.htm#postpartum

† Persons who have been designated by Congress to be “specially-qualified aliens” who are not subject to a 5-year waiting period for SNAP include people who adjusted to LPR status from the following statuses: persons granted asylum, persons who entered the U.S. as refugees, persons granted withholding of removal; survivors of trafficking; persons considered an Amerasian immigrant; Cuban Haitian entrants; and persons granted Iraqi and Afghan Special Immigrant Visas.

†† LPRs in the following categories are considered exempt from the 5-year waiting period: **(a)** children under the age of 18; **(b)** persons in receipt of a disability-based public benefit; **(c)** persons who can be credited with 40 qualifying work quarters in the SSA system; **(d)** veterans, active duty military and their spouses and children; and **(e)** persons born before August 22, 1931 if they were lawfully present in the U.S. on August 22, 1996.

††† This means all the time they have spent in any “Qualified Alien” status adds up to at least 5 years. Qualified Alien statuses include LPRs who did not adjust from a “specially-qualified status;” Battered Qualified Aliens, which includes VAWA self-petitioners; and persons granted parole for more than a year. For example, if a person was granted parole for more than a year on January 1, 2021, and then adjusts to LPR status through a family member on February 1, 2023, once the time spent as a parolee (2 years) and the time as an LPR adds up to 5 full years, they have fulfilled the 5-year waiting period and become eligible for SNAP.