NY HERO Act
(NY Health and Essential Rights Act)

What is the NY HERO Act?
- The New York Health and Essential Rights Act was signed into law on May 5th, 2021.
- It requires the New York State Department of Labor to create Model Airborne Infectious Disease Exposure Plans to protect employees, regardless of immigration status, from exposure to airborne infectious diseases such as COVID-19.
- All employers must create their own workplace plan either by adopting the Department of Labor’s Model Standards or creating a stronger plan.
- On September 6th, 2021, Governor Hochul announced COVID-19 as an airborne infectious disease, putting the HERO Act into immediate effect until further notice. This requires all employers to implement workplace safety plans.

Who is covered?
- The NY Hero Act covers all private-sector workers regardless of immigration status.
- This includes part-time workers, independent contractors, domestic workers, home care and personal care workers, day laborers, farmworkers, and other temporary and seasonal workers.

Who is not covered?
- The NY HERO Act does not cover employees or independent contractors of the state, any political subdivision of the state, a public authority, or any other governmental agency.
- Employers in the healthcare industry are not covered by the HERO act if the employer is covered by a temporary or permanent OSHA standard adopted by the Occupational Safety and Health Administration.
- Every employer must make its own determination as to whether or not it, or any of its employees, is covered by a temporary or permanent OSHA standard.
- If a temporary OSHA standard is no longer in effect, the employer previously covered by the OSHA standard will then be covered by the HERO Act.
What are my rights?

- If your employer is not adhering to the standards set in place by the HERO Act, they are violating your rights under the NY HERO act and putting you at risk of exposure to airborne infectious diseases.
- You have the right to refuse work without retaliation.
- You can file a complaint with the Department of Labor at: dol.ny.gov/ny-hero-act
- You can also get in touch with the Essential Worker’s Coalition for support!
  Email: protectnyheroes@gmail.com

What must my employer do?

**Employers must:**
- Provide masks to employees and require employees to wear masks
- Provide necessary PPE
- Require social distancing of at least 6 feet
- Provide hand sanitizing/washing stations
- Do daily screenings at the beginning of each day to ensure workers do not have COVID-19 symptoms
- Increase the supply of outside air circulation to the greatest degree possible
- Regularly disinfect highly touched surfaces
- Require infected and exposed employees to take paid quarantine leave
- Designate a supervisor in charge of compliance

Timeline of implementation

**August 5, 2021**
- Your employer should have created a plan to protect workers from airborne diseases. They can also adopt the templates provided by the Department of Labor.

**September 4, 2021**
- This plan must have been communicated to employees. Employees have the right to request it in their native language.

**November 1, 2021**
- Employers with 10+ employees must permit workers to establish and administer a joint labor-management workplace safety committee.
Worker Committees

What are Worker Committees?
Starting November 1st, private-sector employees (working in companies with 10 or more employees) must be allowed to create worker committees to address any workplace health and safety issue policy, not just issues concerning COVID-19.

Why create a committee?
Creating a committee can make a space for employees to do the following:
- Raise concerns and complaints to employers to which employers are mandated to respond
- Review any health and safety policy from the employer
- Participate in site visits and inspections from government agencies
- Review any health and safety reports filed by the employer
- Committees meet 2 hours every quarter during work hours
- Committee members are allowed to attend a training, not to exceed four hours, on occupational health and safety and the function of worker safety committees

Who can be on the committees?
- Committees must be at least 2/3 non-supervisory employees and must also include at least one representative of the employer. Committees are co-chaired by employers and employees.
- There is no limit as to how big committees can be
- Workers choose their representatives and are protected from retaliation

What are my rights?
- Workers have the right to form these committees without being fired, demoted, or any form of retaliation
- You can file a complaint with the Department of Labor at: dol.ny.gov/ny-hero-act
- You can get in touch with the Essential Worker’s Coalition for support! Email: protectnyheroes@gmail.com
Airborne Infectious Disease Exposure Prevention Plan

What is an Exposure Prevention Plan?

- The Department of Labor has created a standard plan that can be modified or adopted as is. The purpose of this plan is to protect employees against exposure and disease during an airborne infectious disease outbreak.
- Employers must at minimum adopt the following guidelines.
- Revised industry specific guidelines will be released by the DOL at a later date.

Minimum Controls During an Outbreak

The following minimum controls must be used by employers in all areas of the worksite:
- General Awareness:
  - Maintain physical distancing
  - Wear face coverings, gloves, and personal protective equipment (PPE)
  - Wash hands properly and often
- If an employee develops symptoms of the disease, then the employee should not be in the workplace
- Employees should complete a health screening at the start of their shift
- There should be appropriate physical distancing measures
- Employees should maintain proper hand hygiene
- Cleaning and disinfection
- Special accommodations for individuals with added risk factors

Advanced Controls During an Outbreak

Additional controls may be taken when the minimum controls will not provide sufficient protection for employees:
- Employers should consider the temporary suspension of risky activities
- Employers should consider the following:
  - Natural ventilation
  - Air Purifiers
  - Plexiglass
  - Ultraviolet light disinfection systems
- Administrative Controls
  - Increasing physical distancing
  - Provide additional short breaks for hand washing and cleaning
  - Provide soap, sanitizer, disposable disinfecting towelettes
- PPE must be provided to an employee at no cost to the employee. PPE provided will be based on a hazard assessment for the workplace.
Airborne Infectious Disease Exposure Prevention Plan

Training and Information During an Outbreak

- The employer will verbally inform all employees of the existence and location of the plan put in place, the circumstances under which it is activated, the policies, and their rights under the HERO Act.
- When the plan is activated, all personnel will receive training which will cover all elements of the plan and other related topics:
  - The infectious agent and the disease(s) it can cause
  - The signs and symptoms of the disease
  - How the disease can be spread
  - An explanation of this Exposure Prevention Plan
  - The use and limitations of exposure controls
  - The activities and locations at the worksite that may involve exposure to the infectious agent
- The training will be:
  - Provided at no cost to employees and take place during work hours
  - Appropriate in content and vocabulary to the employees’ educational level, literacy, and preferred language
  - Verbally provided in person or through telephonic, electronic, or other means

Disinfection

- Objects that multiple individuals touch must be cleaned frequently with an appropriate disinfectant.
- Housekeeping staff may be at increased risk because they may be cleaning many potentially contaminated surfaces. For that reason, alternative methods and/or increased levels of protection may be needed.
  - Instead of dusting, the CDC recommends cleaning surfaces with soap and water before disinfecting them.
- Housekeepers should wear respiratory protection.
- Liners should be used in trash containers.
  - Do not forcefully squeeze the air out of the trash bags before tying them closed

Retaliation Protections

- No employer shall discriminate, threaten, retaliate against, or take adverse action against any employee for exercising their rights under this plan.
- In the plan, employers should include contact information to report violations.
- An employee may report a violation either verbally or in writing. If you experience retaliation you can contact the designated contact your employer has designated.
What does this mean for me as a small business owner?

- If you are the owner of a small business and are not the sole employee, then you must adhere to the Hero act.
- You must either create your own workplace plan either by adopting the Department of Labor's Model Standards or creating a stronger plan. Models can be found at dol.ny.gov/ny-hero-act.
- If you create your own plan, it does not have to approved by the DOL but it should meet elements of the DOL's standard plan.

What will happen if I don't comply?

- You may be fined $50 per day or more for failing to adopt an airborne infectious disease prevention plan.
- You may face fines ranging from $1,000 to $10,000 by the state Commissioner of Health, with a likely substantial increase in fines if repeated infractions occur within six years.
  - You should promptly develop and distribute a prevention plan and remain up to date on airborne infectious disease outbreak designations.

What standards do I need to implement?

- The model plans provided by the DOL provide more information but at minimum you must:
  - Provide masks to employees and require employees to wear masks
  - Provide necessary PPE
  - Require social distancing of at least 6 feet
  - Provide hand sanitizing/washing stations
  - Do daily screenings at the beginning of each day to ensure workers do not have Covid-19 symptoms
  - Increase the supply of outside air circulation to the greatest degree possible
  - Regularly disinfect highly touched surfaces
  - Require infected and exposed employees to take paid quarantine leave
  - Designate a supervisor in charge of compliance

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Who can I contact for help in my language?

- The Department of Labor provides language access services so you can speak with someone in the language you are most comfortable with at: 1-888-469-7356.